

SEIRIOL (c. 500- c. 550), founder and first abbot of Penmon church

Name: Seiriol
Parent: Owain Danwyn ab Einion Yrth ap Cunedda Wledig
Gender: Male
Occupation: founder and first abbot of Penmon church
Area of activity: Religion
Author: John Williams James

son of Owain Danwyn ab Einion Yrth ap Cunedda Wledig, and so a second cousin of [king Maelgwn Gwynedd](#) and of the same age as the latter. According to Anglesey tradition, he was a great friend of [Saint Cybi](#). Seiriol was the chief saint of the Dindaethwy district in Anglesey and also of Penmaenmawr, Caernarfonshire; his feast day, according to the earliest calendars, was 1 February

Author

Chancellor John Williams James

Sources

Baring-Gould and J. Fisher, *The Lives of the British Saints*, iv, 177-80

H. H. Hughes and H. L. North, *The Old Churches of Snowdonia* (Bangor 1924), 1-26, 160-3

Further Reading

Wikipedia Article: [Seiriol](#)

Additional Links

Wikidata: [Q7446899](#)

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