

## CYNGAR, saint (fl. 6th century).

**Name:** Cyngar  
**Gender:** Male  
**Occupation:** saint  
**Area of activity:** Religion  
**Author:** Hywel David Emanuel

Two ' Vitae S. Cungari ' are known to modern biographers. The oldest, recently discovered in fragmentary form at Wells, Somerset, was composed probably in the 12th century; the second is a fuller but later version added to the 1516 printed edition of John of Teignmouth's ' *Vitae SS.* ' They relate that, after founding Congresbury in Som., S. Cungar crossed to Glamorgan and landed on the banks of the river Thaw. In Glamorgan he established two monasteries at places not exactly located, and came into contact with a king Poulentus and a prince named Pebiau. According to the 'Life' of [Saint Cybi](#), which states that that saint and S. Cungar were kinsmen, S. Cungar accompanied [S. Cybi](#) first to Ireland and then to Anglesey. A Cyngar is the patron saint of Llangefni in Anglesey and of Hope in Flints. The second ' Vita S. Cungari ' identifies the saint with S. Doccuinus, but this statement is of doubtful authority. Cyngar is also honoured in Somerset, Cornwall, and Brittany. The festival of Cyngar is variously given as 7 and 27 November, perhaps as the result of confusion between more than one saint bearing the same name.

### Author

Hywel David Emanuel, (1921 - 1970)

### Sources

*The Lives of the British Saints*, ii, 248-53

Horstman (ed.), *Nova legenda Anglie as collected by John of Tynemouth, John Capgrave, and others, and first printed, with new lives, now re-edited with fresh material from MS and printed sources by C. Horstman* (1901), i, 248-54

*Journal of Theological Studies*, xx, 97-108, xxiii, 15-22

*Analecta Bollandiana*, xlii, 100-20

*Antiquity*, 1945, 32-43, 85-95

### Further Reading

Wikipedia Article: [Congar](#)

### Additional Links

Wikidata: [Q3463717](#)

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